

Garen Cafe - June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Chino Valley Senior Center 1021 Butterfield Rd Chino Valley, AZ 86323 LUNCH MENU SUBJECT TO CHANGE FUNDED IN PART BY: NACOG AND DES 59 AND YOUNGER: \$5.00 60 AND OLDER: SUGGESTED DONATION \$4.00 LUNCH IS SERVED 11:30 – 12:30			1 Chicken Fried Steak ♦ Mashed Potatoes ♦ California Blend ♦ Cucumber and Tomato Salad ♦ Wheat Bread and Butter ♦ Fruit Jell-O	2 Turkey Divan ♦ Stuffing ♦ Broccoli with Cream Sauce ♦ Spinach ♦ Peaches and Cream ♦
5 Beef Lasagna ♦ Italian Blend Vegetables ♦ Caesar Salad ♦ Baby Carrots ♦ Garlic Toast ♦ Cookies	6 Fried Chicken ♦ Mashed Potatoes ♦ Cole Slaw ♦ Green Beans with Bacon ♦ Peach Pudding	7 Pot Roast ♦ Roasted Potato, Onion, Carrots, Cabbage ♦ Winter Blend Vegetables ♦ Wheat Bread ♦ Melon	8 Sloppy Joe Sandwich ♦ Twice Baked Potatoes ♦ Peas ♦ Pasta Salad ♦ Lemon Bar	9 Swiss Steak with Onion, Peppers, Mushroom, and Tomatoes ♦ Baked Potatoes ♦ Broccoli with Lemon ♦ Wheat Bread ♦ Pineapple Orange Fluff
12 Meat Loaf Monday! ♦ Mashed Potatoes ♦ Peas and Carrots ♦ Whole Wheat Roll ♦ Chocolate Pudding	13 Beef Tips In Rich Gravy over Egg Noodles ♦ Honey Carrots ♦ Cauliflower au Gratin ♦ Apple Cobbler	14 Spaghetti and Meatballs ♦ Zucchini Mushroom Griddlecakes ♦ Brussel Sprouts ♦ Garlic Toast Ice Cream Social	15 Crispy Chicken Tenderloins with Country Gravy ♦ Mashed Potatoes ♦ Green Beans with Bacon ♦ Whole Wheat Bread ♦ Fruit Jello-O	16 Father's Day Lunch! Cheeseburger with the Works ♦ Potato Salad ♦ Onion Rings ♦ Cole Slaw ♦ Dutch Pickled Eggs ♦ Root Beer Floats
19 Pork Chops ♦ Grilled Onions ♦ Roasted Red Potato ♦ California Blend Vegetables ♦ Wheat Roll and Butter ♦ Applesauce	20 Taco Tuesday! Beef Tacos ♦ Bean Burrito ♦ Spanish Rice ♦ Corn ♦ Cabbage and Lime ♦ Cookies	21 Baked Ham ♦ Savory White Beans ♦ Green Beans with Bacon ♦ Cornbread with Honey Butter ♦ Peaches and Cream	22 Kielbasa with Mild Sauerkraut ♦ German Potato Salad ♦ Beets with Onions ♦ Choice of Bread with Butter ♦ Jell-O	23 Swedish Meatballs over Pasta ♦ Peas and Carrots ♦ Greens with Butter ♦ Wheat Bread ♦ Pineapple Pudding
26 Hot Beef Sandwich ♦ Onions and Mushrooms ♦ Mashed Potatoes ♦ Green Beans ♦ Carrot Salad ♦ Chocolate Pudding	27 Roast Turkey ♦ Sage Stuffing ♦ Cranberry Sauce ♦ Rustic Mashed Potatoes ♦ Peas and Carrots ♦ Cinnamon Apple Crisp	28 Breakfast for Lunch ♦ Bacon and Sausage ♦ Potatoes ♦ Pancakes ♦ Cheesy Scramble ♦ Berry Bowl June Birthdays Cake	29 Roast Pork In Applesauce Gravy ♦ Red Potatoes with Parsley ♦ Peas ♦ Choice of Bread ♦ Cookies	30 Fish Fry ♦ Seasoned Fries ♦ Winter Blend Vegetables ♦ Fresh Tater Sauce ♦ Coleslaw

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.